## I. AMENDMENT

## In the Claims:

Please amend the claims as set forth in the following listing of claims, which will replace all prior versions and listings of claims in the application.

- 1-24. (Canceled)
- 25. (Previously Presented) A method comprising:
  - obtaining an agent prepared from plant seedlings enriched with electrolytes comprised in a pharmaceutical preparation; and

administering the preparation to a person;

wherein administration of the preparation results in reduction of blood cholesterol concentration in the person.

- 26. (Previously Presented) The method of claim 25, wherein administration of the preparation results in reduction of low-density lipoprotein (LDL) concentration in the person.
- 27. (Previously Presented) The method of claim 25, wherein administration of the preparation results in a reduced probability of atherosclerosis, myocardial infarct, and/or apoplexy.
- 28. (Previously Presented) The method of claim 25, wherein administration of the preparation results in proliferation of T-lymphocytes in the person.
- 29. (Previously Presented) The method of claim 25, wherein the person is geriatric.
- 30. (Previously Presented) The method of claim 25, wherein the pharmaceutical preparation is administered in food form.
- 31. (New) The method of claim 28, wherein administration of the preparation results in proliferation of CD3+-specific immune cells in the person.
- 32. (New) The method of claim 28, wherein administration of the preparation results in proliferation of CD3+/CD4+-specific immune cells (helper cells) in the person.

- 33. (New) The method of claim 28, wherein administration of the preparation results in proliferation of CD3-/CD16,56+-specific immune cells (natural killer cells) in the person.
- 34. (New) The method of claim 28, wherein administration of the preparation results in proliferation of CD4+/CD45RA+-specific immune cells (naive T-cells) in the person.
- 35. (New) The method of claim 28, wherein administration of the preparation results in proliferation of CD3+/CD8+-specific immune cells (suppressor cells) in the person.